

Lead with Heart - Warrior of the Heart Training

Wednesday 28 October 2015 – Singapore

Inspiration to lead your life with strength, courage and compassion.



A one-day workshop in a beautiful setting with great people.

Through guidance and fellowship the workshop will explore a number of philosophies and practices that offer insight into the nature of leading self and others as a 'Warrior of the Heart'.

In dealing with the challenges, complexities, and demands of modern life this workshop offers you an opportunity to explore ways to work from a place of peace and strength:

a place that has the heart at the centre, is balanced, calm and clearly decisive when action is needed.

The workshop will:

- Bring together the principles and practices of Aikido basics as a stimulus for conversation and reflection and apply the Flow Game to seed wise action
- Assist to explore ways of engaging and aligning personal passion and purpose with the work you want and need to be doing in the world
- Offer an opportunity to focus on improving your sense of well-being in good company and with informed guidance

This workshop can be a very nice complement to the three-day Participatory Leadership taking place in the same location on 29-31 October. It can also be a stand-alone workshop.



Toke Moeller

Host and facilitator of the workshop; Toke is an Aikido practitioner and host of participatory leadership processes. He is based in Denmark and travels the world working with leaders, organisations, communities, and governments.

He is the co-creator of The Art of hosting, The Flow Game, The Warrior of the Heart

dojo, former Chair of the Board of the Danish Entrepreneurs Association, longtime international professional conference organiser (PCO) and process host.



Commonly asked questions

Q: Do I need any previous Aikido or Martial Arts Training?

A: No. The Aikido component is practiced as light exercises and is used to illustrate principles and practices that can be applied in daily life.

Q: What are the expectations of me as a participant?

A: Essentially that you want to attend and have a desire to develop personally.

Q: What is unique about this event?

A: The guiding principles used in Warrior of the Heart training are based in ancient wisdom that is made immediately accessible and applicable to daily life.

When: Wednesday 28 October

9:00 am – 6:00 pm

Where: Orchid Country Club

1 Orchid Club Road
Singapore 769162

Fees: per person & WOTH only (covers lunch and tea breaks, training and resources)

- Corporate & Government (Regular) **S\$ 480**
- Corporate & Government (Early Bird) **S\$ 420**
- Social/NGO/NPO organisations **S\$ 300**

You are most welcome to join the 3 day Participatory Leadership seminar on 29, 30 and 31 October. Please visit the website for further information [here](#).

REGISTRATION

To register, follow [this link](#).

More information on Warrior of the Heart and FlowGame [here](#)

